

COACH'S TIPS



Tip #10

GR Mastermind Group

What is a Master Mind Group?

- A group of individuals that meet regularly to brainstorm, exchange ideas, information and resources to help each other achieve their respective goals
- The group allows the opportunity for members to reach beyond their own limited beliefs so they can progress quicker towards their goals.
- A place that you can share openly and honestly.
- Helps you and group members achieve success by strengthening relationships
- Participants challenge each other to set goals and accomplish them.

Benefits of a Mastermind Group

- ***Increases your own experience and confidence***
- ***Sharpen your business and personal skills***
- ***Create real progress in your business and your life***
- ***Adds an instant and valuable support network***
- ***Gives opportunity to collaborate with others***
- ***Borrow on the experience and skills of the other members***
- ***Create action plans and have the group hold you accountable***
- ***Gain deeper insight into how we can help each other***

GR Mastermind Group – adapted – how it works

Duration: 20 minutes, combine Trick of Trade & Coach Tip Do over several meetings as group wishes.

Organization: a moderator will lead the “mastermind group” and a designated person will write notes.

Material: Print the following sheet and complete.

First:

Go around group and ask each member a problem they have or something they can use help with.

Next:

Moderator starts with first problem and members offer a solution. Notes are taken.

This exercise is also useful in learning what topics to use for upcoming weeks for Coach's Tips to offer support and solutions for things uncovered.

Set a date for follow up from this exercise.

Name & Company: _____

Problem or something you could use help with: _____

Solutions: _____

Follow up: (set a date to see how things are going to re-evaluate and to stay accountable) _____

Name & Company: _____

Problem or something you could use help with: _____

Solutions: _____

Follow up: (set a date to see how things are going to re-evaluate and to stay accountable) _____

Name & Company: _____

Problem or something you could use help with: _____

Solutions: _____

Follow up: (set a date to see how things are going to re-evaluate and to stay accountable) _____

Name & Company: _____

Problem or something you could use help with: _____

Solutions: _____

Follow up: (set a date to see how things are going to re-evaluate and to stay accountable) _____

